

Our Instructors and Staff

With this edition of our brochure, we introduce a slightly new layout, and one that we hope you'll enjoy and take advantage of. We have found that many people only learn about the incredible talent of our instructors if they sign up to take a class they are interested in. However, learning about an instructor and their expertise may actually entice you into taking a class you might not otherwise have noticed.

So, all instructor bios are now here. Please take the time to read about the vast and interesting experience of the people who bring you so many opportunities. Then look through the brochure and find a class that interests you. The instructor's name will be listed and you can always come back here to find out more about them.

NEW STAFF

In September, we welcomed **Nancy Nickerson and Beverly Shejen** to our staff. Nancy is the new Academic Coordinator and Instructor for HiSET diploma completion, English as a Second Language, College Transitions, and Adult Transitions programs, as well as a tutor and support person for Career Pathways programming. Nancy has been working in education for over 20 years, ranging from classrooms of elementary school students to college. As an Employment and Community Service Specialist for FEDCAP she evaluated participants' vocational and educational needs and participated in many community outreach committees. Nancy is excited to share her enthusiasm for learning with the adult learners in the community. Nancy's office is located in the Adult Learning Center in the Superintendent's Office (the "bus barn") off Knowlton St. in downtown Camden.

Beverly Shejen has taken the position of Evening Secretary and is at our Adult Ed office in Camden Hills Regional High School. Beverly worked the past 10 years for the Maine Public Utilities Commission. Prior to that she worked for the Secretary of State's Elections Division and spent several years in both the Camden and Appleton Town Offices. Beverly brings a wealth of office and management experience, as well as patient customer service skills and much enthusiasm.

OUR INSTRUCTORS

Jan Abendroth is a native of Rockport, the owner of Rockport Automotive, and she loves to cook and entertain. A few years ago, she entered a pie baking contest with three entries. There were 30 pies judged and she won 1st prize for her Pumpkin Pecan Pie and 2nd place for her Double Crust Apple Pie.

Bill Babb is a retired teacher and home baker. He has searched for the perfect baguette for fifteen years taking several King Arthur Baking Workshops and attending Skowhegan Kneading Conferences along the way.

Andrea Barbour is executive chef for Bay View Collection, a collection of boutique hotels in Camden that include Vintage Room & The View at 16 Bay View. She began cooking in Ohio & moved her way to Maine almost 15 years ago, picking up many different cuisines & flavors along the way. She is trained in Italian, French, & South East Asian cuisine with a passion for anything & everything creative & delicious.

Cynthia Barlow has more than 20 years experience as an Adult Education instructor extraordinaire of business and clerical skills. Cynthia Barlow facilitates the Camden Writers Round Table, the Camden Writers Project, a monthly Novel Writing Support Group and teaches both Creative Writing and Novel Writing. She has published work in newspapers, magazines and other media.

Jordan Benisson has been cooking for friends and students ever since he arrived in Maine in 1999, and finally realized his dream of opening a restaurant in 2017. Me Lon Togo is located in a distinctive blue and purple historic home on Rt. 1 in Searsport. Jordan also teaches African drumming at Colby College, The Watershed School, and other area schools.

Rick Bernard was a school counselor at the St. George School and has been performing magic professionally at parties, festivals and businesses for more than 25 years. He has also taught magic for adults and children extensively during that time.

Karyl Brown is a silversmith and illustrator who evolved from beading and cold connected jewelry into metal working after taking a similar soldering class which vanquished her fear of fire and of soldering and opened up a new creative world.

Marc Bubar is a reluctant yet skilled user of social media. He has been fascinated with the internet and computers since high school but strives to not let either take up too much of his time, preferring books and the outdoors instead. Nonetheless, he has found himself to be a talented guide into the world of social media.

Vincent Carducci's paintings and prints are in corporate and private collections across America. He has taught in a wide variety of venues, including workshops, arts councils and universities. Vincent also studied in Rome, has taken three extended trips to Italy as a working artist, and led Italian classes in Pennsylvania and Maine.

Glenn Carver is the founder/owner of Burden Bearing Coaching where he serves as a professional speaker, coach, and trainer. Glenn is also a certified member of the John Maxwell Team. Burden Bearing Coaching, through workshops, seminars, keynote speaking and coaching, is committed to transforming lives through education and encouragement, empowering individuals to be more effective servant leaders. "Life is relationships, and the rest is just details."

Tina Casteris is a self-taught knitter with a love of making warm woolen wearables for herself and her loved ones. She looks forward to making some new knitting friends!

Sandy Clement has been sewing for many years and was the first college student in her dorm to bring a sewing machine to school. She assisted seamstress and artist, Linda Leach, on several occasions with costuming for Camden Civic Theater performances.

Jeff Dec is head of the Ski School at the Camden Snow Bowl.

Anna Dembska has taught voice and musicianship for over thirty years at a number of venues, including New York University and the Metropolitan Opera Guild. She enjoys teaching people to sing beyond their expectations.

Paul Desaulniers is a retired science teacher from Oceanside High School.

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Keith Drago is the Deputy Director of the Rockport Public Library. He has worked in the library field for ten years and has his masters in Library and Information Sciences.

Andrew Eckman has been teaching medical response courses for more than 25 years and has trained thousands of people in First Aid/CPR/AED, Professional Rescuer/Healthcare Provider CPR, and Emergency Medical Response.

Bob Emmons was Professor of Plant Science at the State University of New York, Cobleskill, for 31 years. His major teaching areas were entomology, plant pathology, and integrated pest management. He is author of a college textbook on grasses for which he is paid a disappointing amount of money in royalties each year. He has written for Horticulture magazine and The New York Times garden section.

Lena Faber is a native of Russia who spent many years as a journalist for major Moscow newspapers and magazines. She was professionally involved in many kinds of media while living and teaching at the university in South Africa, developing experience in web design and digital books. She has traveled on foot for four years, mostly in the United States. She also completed the Appalachian trail and cycled from Maine to Key West, FL. Visit her website at <https://lenafaber.com>

Diana Falciani's experience includes apparel and costume design as well as pattern and hat making. She earned a Certificate of Achievement in Apparel Design from Diablo Valley College in Pleasant Hill, California and has been sewing since the age of twelve.

Randy Fein is a ceramic sculptor, potter and art instructor with a career spanning 40 years. Her ceramic sculpture is held in public and private collections such as University of Southern Maine, Fidelity Insurance, Maine Medical Center, Vermont State College & Babson College. She has taught ceramics nationally at numerous schools including; Unity College, Haystack Mountain School, Vermont State College, Penland School of Crafts, NC., Arrowmount School of Crafts, TN., Portland Museum of Art, ME., and Babson MA. visit www.randyfein.com.

Paul Garcia taught at secondary and university levels for twenty years, and now earns his living as a translator and interpreter. He has lived and worked in Puerto Rico, Mexico, Spain and Argentina.

Darrell Gilman is part of the team-teaching, U.S. Coast Guard Auxiliary. Their courses provides recreational boaters with the knowledge and skills to boat safely on either inland or coastal waters. General topics they teach include boating operations, boat handling, boating laws and regulations, water traffic patterns, equipment requirements and introductory navigation.

Ellen Goldsmith is an award winning author and her poems have appeared in numerous journals. In addition to 5-Towns CSD Adult and Community Education, she has taught poetry for the Coastal Senior College and Maine Writers and Publishers Alliance. She is a professor emeritus of the City University of New York.

Anne Goodale is a longtime midcoast artist, who enjoys inspiring others to explore their creativity while having fun learning new skills.

Stacy Graffam is a Senior Fitness Specialist through WITS (World Instructor Trainer Schools).

Marlene Hall and Barbara Hendricks are well versed in travel and tours as they both lead local historical tours of the area for the American Cruise Lines and Heritage Tours. They have also lead charter coach tours to New York, Washington D.C. Pennsylvania, and Virginia, and since 2010 have lead travel and tour groups for Five Town CSD Adult & Community Education. Tours have included trips to Salem, MA, historic Strawberry Banke, NH, Plimouth Colony, Plymouth, MA, White Mountains of New Hampshire, Shaker Village at Canterbury, NH, and several trips to Boston for sight-seeing, shopping and museum tours, as well as Garden's Aglow in Boothbay. Marlene and Barbara have taught and still teach music classes for Adult Ed.

Mike Hartley manages the bike shop at Maine Sport, is an avid cyclist and has over 30 years of shop experience.

Barbara Hendricks has taught piano and private voice at MSAD 5, 28 and 50, both day school and through adult education. She is often seen at the piano of school musicals.

Zachary Herrick is a Financial Advisor with Edward Jones in Camden.

Sherwood Hilt first discovered wood carving at Camp Bomazen in 1990 where he learned how to do relief carvings, neckerchief slides, signs and a variety of other items. In 2012 he started carving shorebirds and ducks. He has taught merit badge wood carving for the Boy Scouts for many years. Sherwood has a degree in building construction and worked at Lyman-Morse as a cabinet maker until retirement.

Robbie Hinchey has a 40-year history as a counselor, starting as an undergraduate Street Counselor. While earning a master's degree, he helped design the School Counselor Certificate to be Therapeutic, becoming the first Certified School Counselor in the State in 1974. Robbie served as a Adjunct Professor UMM 1990's, and as an EAP counselor 1980's State of Maine. Since 1987, Robbie has served as a substance abuse counselor/instructor and facilitator for DEEP via OSA and then AdCare of Maine. Since 2010 he has established a private practice offering USUI Reiki, Hypnotherapy, and EFT.

Fran Hodgkins is a Midcoast author who has written more than 25 books for young readers, including *The Secret Galaxy* (Tilbury House) and *Andre the Famous Harbor Seal* (Down East). In addition to writing, she has worked as an editor in both trade and educational publishing. She is currently at work on a middle-grade trilogy.

Naomi Howe has been an artist all her life, beginning with pen and ink drawings and sketches to illustrate her "books". She has worked in the clinical and educational fields professionally, and is presently at CHRHS as a member of the Special Education team, as well as co-teaching English and World History.

Tom Jamrog lives in Lincolnville. He has been awarded the Triple Crown of Backpacking for having completed thru-hikes of the Appalachian, Pacific Crest, and Continental Divide Trails.

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Stephen Jordan is a Maine native who lived in Alabama for 17 years. He occasionally served as a private chef and often satisfied requests for New England dishes modified by Southern spices and methods. Lobster and Grits was the most popular. He continues to make this dish on his trips back to Alabama and it is a requirement for guests in Maine fleeing the southern summer.

Russell Kahn has been teaching art in public schools for over 21 years. He currently teaches ceramics, printmaking, drawing and painting at CHRHS.

Jane Karker lives in Maine and is the owner and president of Maine Authors Publishing & Cooperative and the newly emerging Boston Writers Publishing & Cooperative. With over 20 years of experience in the publishing and printing industry, Jane is well qualified to address affordable ways to produce, publish and market books for self-publishing authors.

Peter Lammert was named Maine Beekeeper of the year in 2016. He is part of the teaching cadre of the Knox-Lincoln Counties Beekeepers who teach a 6 week beekeeping course starting the beginning of March every year. He is a thirteenth-year beekeeper in Thomaston where he is continually taking lessons from his bees.

Linda Leach and **Sandy Clement** have 30 plus years of painting and craft experience. They are the co-owner of the Maine Lights Collection. Visit their page at <http://mainelightscollection.com/> or <https://www.facebook.com/mainelightscollection/>

Lora Levenseler grew up in Rockland, ME, and, after graduating from Stonehill College, returned to Maine to teach. She has been teaching math for 5 years and is currently a math teacher at CHRHS.

Kristen Lindquist is a published poet from Maine who thinks most people would be surprised by how much they would enjoy contemporary poetry if they only saw more of it. In addition to her poetry, she writes a monthly nature column for Pen Bay Pilot and a daily haiku blog.

Patti Luchetti has studied and performed Oriental Dance for over 25 years, in Maine.

MaineStream Finance provides personal finance, home loans, and business services to people in Maine who might otherwise have limited access to financing and credit.

Kate Martino is a licensed aesthetician, electrologist and reflexologist. She owned a day spa for over 20 years specializing in age management skin care. Kate Martino has been an avid whist player for over 50 years and has enjoyed playing cribbage since the early 60's.

Mike McCune has a degree in Biology and has been carving and watching birds for over 20 years. He has taught duck carving for 12 years.

Deb McIntyre is the Assistant Superintendent for Five Town CSD and MSAD #28.

Chef Creig Mills has worked in the restaurant industry for over 17 years. Having lived and studied the culinary arts in France, Malta and Spain, he has a passion for the traditional foods of Europe and the Middle East. Currently the Head Chef of The Drouthy Bear in Camden and a fervent believer in sustainable living and locally grown/raised food, Creig lives on a small homestead in Lincoln County with his wife and 4 daughters, raising goats, chickens, pigs and alpacas.

Patti Montana is the Pickleball Director at MRC. She has been playing Pickleball for three years and won gold at the North Atlantic Regional competition in July 2018, which qualified her to compete at the National Pickleball Championships in November 2018. She has been teaching beginner Pickleball at MRC for the past year, as well as setting up the schedule and running local tournaments for beginners through advanced players.

Anna Moorman and **Jo-Ann Neal** of Allen Insurance and Financial are licensed insurance agents specializing in Medicare.

Cathe Morrill was working as a Senior Vice President with Key Bank when she purchased State of Maine Cheese Company in 1996. The only thing she knew about cheese was that she loved it. She currently is on the board of the Maine Cheese Guild and is immediate past president of the Maine Grocers and Food Producers Association.

Sally Morrison has played, taught and loved bridge for many years.

Paul Neagle is a retired resident of South Thomaston and lives on the St. George River. He and his wife hold Non-Commercial licenses and have been lobstering for the past three years. Paul had to learn everything the hard way, starting from scratch, and wants to share his knowledge, experience, mistakes and successes over the years with others who are interested in trapping lobsters.

Laura Lee Perkins, of Maliseet ancestry, is a professional flutist, educator and writer, and the recipient of 13 grants and 5 artist-in-residencies. She has taught at Bowdoin, Bates, Prescott and Rio Salado Colleges. Her husband Ken Green, of Mic-Mac heritage, is known worldwide for his beautifully hand-crafted Native American-style flutes. Visit www.whiteowlproducts.com for more information.

Carrie Pierce enjoys teaching ASL to people of all ages. She provides a dynamic and fun environment where participants take part in a variety of interactive learning experiences. Carrie is certified by the American Sign Language Teachers Association, the State of Maine (for Early Childhood Special Education and Deaf Education), and has both Bachelors and Masters degrees from Gallaudet University. She has taught in schools and universities all over Maine.

Alex Plummer is a PGA apprentice studying to obtain his Class A certification. He has been involved in the golf business for 9 years, teaching golf for the past 4. He was an assistant at Goose River Golf Club before moving on to the Samoset as their first assistant professional. Currently he is in his second year as the head golf professional at Goose River Golf Club. Alex wants to introduce the great game of golf to as many people as he can.

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Dorothy Prescott is a CPA in Rockland specializing in the accounting needs of small businesses and is a Certified QuickBooks ProAdvisor®. Dorothy is a member of The General Society of Mayflower Descendants and is familiar with many local lines of descent.

Gary Roberts is a Registered Maine Guide, a resident of Appleton and has been a volunteer naturalist, trip leader, and speaker for over 30 years. He specializes in guiding from a natural history perspective and focuses particularly on the native flora and fauna of Maine. Gary has been a long time volunteer for Maine Audubon and has volunteered with the Maine Plant Conservation Volunteers, Mountain Birdwatch, Maine Owl Survey Project, and Seanet.

Crystal Robinson has been studying agriscaping, a method of creating beautiful, edible landscapes on any size lot. For more information about Agriscaping, request to join the Agriscaping Maine FaceBook Page.

Joe Ryan is co-owner of Adventure Advertising, a full-service advertising agency located in Rockport, Maine. With over 20 years of digital graphic arts design and production, Adventure Advertising uses Adobe products exclusively for all production services including press and electronic productions.

Chris Sady and Lila Vultee have been playing mah-jongg for more than 15 years and have taught many people how to play.

Lowrie Sargent is Vice President and Investor Advisor representative for Maine Asset Management and Director of Education and member of the State Board of Directors for Better Investing. He has been investing since 1978 and has a Masters of Business Administration, Loyola College, and Bachelor of Arts, Cornell University. He also is a recipient of the Vedder Prize in Economics.

Geoff Scott has been involved in all forms of snow sports for most of his life and has enjoyed exploring midcoast trails for more than 20 years.

Mike Shunney is the Director of Inner Works Taijiquan and Qigong in Rockland - <http://www.InnerWorksCenter.com>. Mike is privileged to be recognized by the First family of Taijiquan in China, the Yang Family, as qualified to teach their system of Traditional Yang Family Taijiquan, which includes Qigong, Taijiquan, Taiji Jian (sword), Taiji Dao (broadsword), Taiji Qiang (spear/staff), and two-person play. He is the first person in Maine to hold that honor.

Diane Smith, owner of A Simple Life Awaits You...Organizing Your Home, has been inspiring clients through confidential, gentle coaching since 2006. She has enjoyed teaching adult ed. classes for over fifteen years and draws her insights from years as a nonprofit administrator, host of a T.V. series on quilt-making, and her own personal decluttering journey.

Holly Smith encourages and inspires her students to view their environs in new and different ways, and to expand their perceptions of who they are and what they can become as creative artists. Holly has a Bachelor of Science in Art Education from the University of Southern Maine and has recently retired after many years teaching art. Her work is in numerous public and private collections.

Chef Jeff Space is currently the Director of Nutritional Services at Pen Bay Medical Center. A graduate of the Culinary Institute of America he has over 30 years' experience in restaurants and food service, including as a Pastry Chef, Executive Chef, and Personal Chef. Jeff is also a local fly tier who has taught many classes in the area, and an avid fisherman who welcomes the chance to share his knowledge.

David Spahr is a naturalist, photographer and forest farmer who has collected, photographed, and eaten wild mushrooms for 35 years. He is a member of the Maine Mycological Association and maintains a web site devoted to the subject, mushroom-collecting.com. He is currently writing a book on foraging.

Cindy Swan is a licensed massage therapist with a masters degree in education in the field of exercise science. A "retired" athletic trainer, Cindy has a background in dance exercise having worked in New York City studios and then in midcoast Maine for the YMCA, The Samoset and Waldo County General Hospital.

Ret Talbot is an award-winning freelance journalist and science writer who uses data to cover fisheries at the intersection of science and sustainability. His work can be found in publications such as Discover, National Geographic and Mongabay.

Chris Toy is a lifelong teacher and learner. After a career as a school principal he traveled around the world as an educational consultant collecting recipes and stories from local cooks. As a registered Maine Guide and cooking instructor, Chris, teaches classes and leads trips for adult education, Now You're Cooking, Stonewall Kitchens, and privately.

Katie Tranzillo is an independent dance instructor in midcoast Maine, with 17 years of experience. Through her business, Joyful Dancing, she provides professional dance programs, fosters a community of dancers and friends, and spreads the joy of dance to everyone. Find her at www.joyfuldancing.com.

Sharon Turner owns Crystal Lake Farm in Washington, ME. She specializes in open-pollinated vegetable and flower seedlings, native perennials, shrubs and trees, and cut flowers. She grows for Fedco Trees and Knox-Lincoln Soil and Water Conservation District. She also teaches for MOFGA.

Wayne Twitchell is a retired welding instructor from Bath Iron Works and has been welding for over 40 years. Wayne is a recipient of the Navy's Aegis Excellence Award for welding. He has taught welding through adult ed programs for 10 years and in his spare time enjoys making scrap metal sculptures.

Dr. Donna Maria Vix has enjoyed working with her hands since childhood. She is proficient in many mediums and used her talent daily when she worked as a dentist in NJ. She especially enjoys teaching others how to make things that she has been complimented on herself, so they, too, can enjoy making things for themselves, for gifts, or to give as donations.

Julie Waters is the Transportation Director for MSAD 28 in Camden.

West Bay Rotary members offer speakers and panel members who either own or have owned their own businesses.

Lisa Wilson is the **Big Brother Big Sister** School Based Manager of Mid-Maine and Heather Selin the Community Based Manager of Mid-Maine and Penobscot. For more information go to www.bbbsmidmaine.org.